Health Promotion and Preventive Work Literature

15 Ects

Basics


Articles

Work and health:


Physical activity

In general:


Related to children:


Harriet D, Bailey R (2010) Fun and enjoyment in physical education: young people’s attitudes Available at: [http://dx.doi.org/10.1080/02671522.2010.484866](http://dx.doi.org/10.1080/02671522.2010.484866)


Prevention of sports injuries:


Related to the elderly:


Focus on the PT and HPPW aspects:


Global perspectives:


From the Internet

The Norwegian Directorate of Health: [www.helsedirektoratet.no](http://www.helsedirektoratet.no) From here you can navigate and find reports, action plans etc. Some of the publications are only available on the net.

The Norwegian Labour Inspection Authority: [www.arbeidstilsynet.no](http://www.arbeidstilsynet.no) From here you can navigate and find The Working Environment Act and other relevant material for the work and health project.

Legal aspects:


Legal aspects pertaining to work related questions, some information in English can be found here: [http://www.lovdata.no/info/lawdata.html](http://www.lovdata.no/info/lawdata.html)

Statistics:


Statistics Norway (2010) Decrease in sickness absence. Available at: [http://www.ssb.no/english/subjects/06/02/sykefratot_en/](http://www.ssb.no/english/subjects/06/02/sykefratot_en/)

WHO:


Other useful resources
Outdoor activities

http://www.outdoor-learning.org/

Communication:


Thesaurus:


Further reading: list of resources not compulsory

Basic concepts of health promotion:


Behavior change


Physical activity and related concepts

General:


Sports injuries


Elderly
